

Intro to Dental Sleep Medicine

This weekend course is designed for dentists interested in implementing the basics of dental sleep medicine into their practice. During this course we will cover the basic anatomy, physiology, and disease progression of obstructive sleep apnea and the dentist's role in management. This is a fundamentals course; no previous knowledge of sleep and breathing is required.

Topics covered in this course include:

- Anatomy, physiology, and neurology of obstructive sleep apnea
- Identifying patients at high risk of sleep breathing disorders
- Treatment options for sleep apnea and their indications and contraindications
- The differences between dental sleep appliances and positive pressure (CPAP)
- Ordering and interpreting home sleep tests
- Dental sleep appliance design and selection
- Intake records and bite registration for dental sleep appliances
- How to adjust and titrate sleep appliances
- Managing side effects and how to use morning positioning appliances
- Surgical treatments for adult and pediatric obstructive sleep apnea patients
- Implementing a digital workflow for dental sleep medicine
- Clinical practice guidelines set forth by the American Academy of Dental Sleep Medicine

Clinical Skills

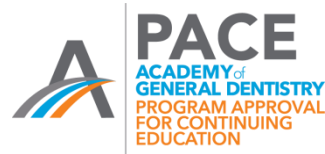
By the end of this course all attendees should be able to:

- Practice within the American Academy of Dental Sleep Medicine guidelines
- Connect with a community based sleep lab to order appropriate sleep tests
- Understand and select appropriate appliances for their patients
- Manage common oral appliance therapy side effects
- Make a morning positioner
- Know where and how to advance their knowledge of dental sleep medicine

Practical Components

Each dentist participating in the clinical portion of this course will have a chance to:

- Try an overnight home sleep test
- Take a sleep appliance bite registration
- Receive their own oral sleep appliance
- Learn to insert, titrate, and adjust their own oral sleep appliance



Academy of General Dentistry Program Approval for Continuing Education (PACE) through the joint program provider approval of the Ontario Academy of General Dentistry and the course speakers. The Ontario Academy of General Dentistry is approved for awarding FAGD/MAGD credit.

This activity has been planned and implemented in accordance with the standards of the

Speakers

Dr. Kevin E. Lung

Dr. Kevin E. Lung is a registered specialist in Oral and Maxillofacial Surgery who has practiced with the group at Kingsway Oral and Maxillofacial Surgery in Edmonton, Alberta, since 1994. He is the Chief of Pediatric Oral and Maxillofacial Surgery at the University of Alberta Stollery Children's Hospital.

Dr. Enoch Ng

Dr. Enoch Ng is a registered dentist who has practiced at ENJOY Dental in Edmonton since 2015. He has a special interest in dental treatments for sleep apnea and is currently pursuing a Masters in Medical Sciences with a thesis in obstructive sleep apnea.

Kelly McNish, R.R.T.

Brett Powlesland, R.R.T.

Kelly McNish and Brett Powlesland are Registered Respiratory Therapists and the owners of SleepFX. With over 30 years combined RT experience, they are now focused in providing care in the community setting for patients who suffer from sleep apnea

Jeff Player, C.D.T.

Michael Malone

Michael Malone and Jeff Player are part of the management team at Protec Dental Laboratories. Mike liaises with clients as the Protec's Technical Representative. Jeff is a managing partner, assists with administration, and heads the orthodontic department.

Sponsors

Thank you to our sponsors. Without their generosity this course would not be possible.



Course Details and Registration

The course runs 8:00am to 5:00pm on September 28-29 and is held at:

Mirror Dentistry
Unit 219, 6650 177 St NW
Edmonton, Alberta, T5T 4J5

Attendance is limited. Early bird tuition is \$2200. Regular tuition is \$2500. Breakfast and lunch are provided. Tuition includes the cost of the appliances and home sleep test provided.

Participants are expected to submit diagnostic impressions and a centric bite registration by August 30th to provide sufficient time for their sleep appliance to be ready for the course. Digital impressions are acceptable.

To register, please email DigitalDeliveryServices@gmail.com to receive registration and payment instructions. Should the course be full, your name will be added to a notification list for when the next course becomes available. Early bird tuition of \$2200 ends July 1st. Regular tuition is \$2500. Registration closes August 15th, 2019.

Course Venue

Thank you to Dr. Linda Xie and the Mirror Dentistry team for donating the time, space, and equipment necessary to host this course.



Intro to Dental Sleep Medicine

September 28 & 29, 2019

Edmonton, Alberta, Canada

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28 & 29, 2019

Registration Form

| | | |
|----------------------|-----------|--------------------------|
| First Name | Last Name | Designation |
| Email Address | | AGD # (For AGD Discount) |
| Phone | Fax | |
| Address | | Office Name |
| City | Province | Postal Code |
| Dietary Restrictions | | |

Impressions for Doctor Appliance (Please Select One)

- I will submit physical impressions with CR occlusal registration with 3mm of occlusal clearance
- I will submit digital impressions in CR occlusal position with 3mm of occlusal clearance

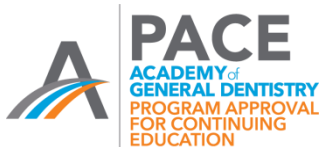
Payment (Please Select One)

- Cheque Payable in Canadian Dollars to **Digital Delivery Services**
- E-Transfer Password: _____
- Credit Card VISA MasterCard

| | | |
|-----------------------------------|-----------|-----------------------|
| Credit Card # | Exp. Date | CVV (On Back of Card) |
| Address (If Different From Above) | | |
| Name on Card | Signature | Date |

Return Form to 780-758-4889 or digitaldeliveryservices@gmail.com

*All AGD Members will receive 10% off the registration fee
(\$220 off the early bird course fee, \$250 off the regular course fee)*



The Ontario Academy of General Dentistry (Nationally or Locally) Approved PACE Program Provider for FAGD/MAGD credit. Approval does not imply acceptance by any regulatory authority or AGD endorsement. 1/1/2018 to 12/31/2021. Provider ID# 219289. Up to 14 CE Credits may be awarded for this course.