

Alberta AGD and Ontario AGD  
Proudly Presents

# CONSERVATIVE TREATMENT OF TEMPORO- MANDIBULAR DISORDERS

Presented by  
**Dr. Warrent F. Jesek**  
DDS, MAGD, MAES

Friday April 11, 2025  
7:30am - 5:00pm

All Day Lecture & Hands-On  
Limited to 30 DDS ONLY

Location: Unice Dental Art  
233 Mayland Place NE  
Calgary, AB

Registration:  
**AlbertaAGD@gmail.com**  
or call 403-816-4778

## CONSERVATIVE TREATMENT OF TEMPOROMANDIBULAR DISORDERS

If you've ever felt the frustration of unpredictable results in splint therapy, you're not alone. Join Dr. Jesek for this eye-opening course as we zero in on the dentist's role in diagnosis and treatment of TMJ conditions as they relate to occlusion. Dr. Jesek illuminates concepts and tech-

design, delivery, adjustment and clarification of the principles of occlusion and equilibration of the natural dentition and restorations. As an alumnus of both Pankey and Dawson Institutes, Past-President of the American Equilibration Society, and drawing upon his 40 years' experience in treating complex restorative cases, Dr. Jesek is uniquely qualified to help you improve this and treatment of occlusomuscle/TMJ disorders within your practice. Participants will learn delivery and adjustment protocols that will enhance the effectiveness of conservative TMD treatment.

### LEARNING OBJECTIVES

- Review TMJ anatomy and muscles of mastication function.
- Understand how to use bimanual guidance to determine temporomandibular joint health.

### Early Bird Registration

AGD Members: \$550  
Non-AGD Members: \$650

### Registration after Mar 11, 2025

AGD Members: \$650  
Non-AGD Members: \$750

### Credits

8 Participation Hours  
Continuing Dental Education  
AGD Subject Code: 180

### Cancellation Policy

Before March 11: full refund.  
March 12 to March 26: refund minus  
\$100 registration fee.  
After March 27, 2025: no refunds.



Academy of General Dentistry Approved PACE Program Provider. FAGD/MAGD Credit. Approval does not imply acceptance by a state or provincial board of dentistry or AGD endorsement. 01/01/2010 - 12/31/2025

This activity has been planned and implemented in accordance with the standards of the Academy of General Dentistry Program Approval for Continuing Education (PACE) through the joint program provider approval of Ontario AGD and The Alberta AGD.. Ontario AGD is approved for awarding FAGD/MAGD credit. AGD ID# (219289)

Ontario Academy  
of General Dentistry  
(Approval #219289)

- Explore the diagnostic benefit of palpation of the muscles of mastication.
- Recognize the role of occlusomuscle disorders in TMD.
- Illuminate the dentist's role in successful rehabilitation of the temporomandibular joint.
- Recognize when occlusal treatment will work predictably.
- Identify how precision occlusal appliances make restorative dentistry easier.
- Explore the use of TMJ imaging, panoramic, CT, CBCT, and MRI.
- Review how to use emergency appliances to eliminate acute occlusomuscle pain.
- Discover how to eliminate the need for excessive adjustment of crowns at delivery.

### The participation portion will include:

Muscle palpation, temporomandibular joint palpation and auscultation.

Bite recordings using intraoral scanners and analogue.

Bimanual guidance training.

Delivery of emergency appliances to relieve occlusal pain.

Subjects would include muscle palpation, TM joint palpation/auscultation, occlusion and technology including CBCT, intraoral scanning and 3D printing.

### Course Schedule

Friday April 11, 2025

7:30 - 8:00 .....Registration and Continental Breakfast  
8:00 - 12:00 .....Morning Session  
12:00 - 12:45 .....Lunch Provided  
12:45 - 5:00 .....Afternoon Session

### Note

Participants please bring a stethoscope if possible (but not mandatory).



Founded in 1952, AGD is the only professional association that exclusively represents the needs and interests of general dentists. AGD provides its more than 40,000 members with the resources, support and inspiration they need to deliver the best dental care and oral health educa-

AGD's mission is to "advance general dentistry and oral health through quality continuing education and advocacy." Through this mission, AGD member dentists are able to build their careers, grow their businesses and protect their profession.



Dr. Jesek was the 2018-2019 President of the American Equilibration Society "Leaders in Occlusion, TMD, & Comprehensive Oral Care" and is a long-time member of its Scientific Investigation Committee. He is a reviewer for TMD article submissions for the Journal of Prosthetic Dentistry.

He has presented at national meetings for the Academy of General Dentistry, the American Dental Association, the American Academy of Craniofacial Pain, and the American Academy of Pain Management.

His articles have been published in Dentistry Today, Dental Economics, and the American Equilibration Society's Contact.

While maintaining a private, general practice in Decatur, Illinois, his team treats simple and complex restorative dentistry and conservative TMD treatment to alleviate headaches and pain.