

Alberta AGD Proudly Presents

# CONSERVATIVE TREATMENT OF TEMPORO- MANDIBULAR DISORDERS

Presented by  
**Dr. Warrent F. Jesek**  
DDS, MAGD, MAES

**April 11, 2025**  
**7:30am - 5:00pm**

Unice Dental Art  
233 Mayland Place NE  
Calgary, AB

All Day Lecture & Hands-On  
8 Credit Hours  
Limited to 30 DDS ONLY

## Conservative Treatment of Temporomandibular Disorders

If you've ever felt the frustration of unpredictable results in splint therapy, you're not alone. Join Dr. Jesek for this eye-opening course as we zero in on the dentist's role in diagnosis and treatment of TMJ conditions as they relate to occlusion. Dr. Jesek illuminates concepts and tech-

design, delivery, adjustment and clarification of the principles of occlusion and equilibration of the natural dentition and restorations. As an alumnus of both Pankey and Dawson Institutes, Past-President of the American Equilibration Society, and drawing upon his 40 years' experience in treating complex restorative cases, Dr. Jesek is uniquely qualified to help you improve this and treatment of occlusomuscle/TMJ disorders within your practice. Participants will learn delivery and adjustment protocols that will enhance the effectiveness of conservative TMD treatment.

### LEARNING OBJECTIVES

- Review TMJ anatomy and muscles of mastication function.
- Understand how to use bimanual guidance to determine temporomandibular joint health.

**Late Registration**  
Registration after March 11, 2025  
is subject to a \$100 charge.

**Credits**  
8 Continuing Education Points

**Refund**  
Full refund will be available upon  
notification **before** March 11.  
After this a \$100 fee will be charged  
to cover registration expenses.

**Prices**  
AGD Members: \$550  
Non-AGD Members: \$650

**Note**  
Participants please bring a stethoscope  
if possible (but not mandatory).

**Ontario Academy of General Dentistry**  
(Approval #219289)  
Academy of General Dentistry Approved  
PACE Program Provider. FAGD/MAGD  
Credit. Approval does not imply acceptance  
by a state or provincial board of dentistry or  
AGD endorsement. 01/01/2010 - 12/31/2025

**To Register**  
Email: [albertaAGD@gmail.com](mailto:albertaAGD@gmail.com)  
or call  
403-816-4778

## Course Schedule

**Friday April 11, 2025**

7:30 - 8:00 .....Registration and  
Continental Breakfast  
8:00 - 12:00 .....Morning Session  
12:00 - 12:45 .....Lunch Provided  
12:45 - 5:00 .....Afternoon Session



Founded in 1952, AGD is the only professional association that exclusively represents the needs and interests of general dentists. AGD provides its more than 40,000 members with the resources, support and inspiration they need to deliver the best dental care and oral health education to the public.

AGD's mission is to "advance general dentistry and oral health through quality continuing education and advocacy." Through this mission, AGD member dentists are able to build their careers, grow their businesses and protect their profession.



Dr. Jesek was the 2018-2019 President of the American Equilibration Society "Leaders in Occlusion, TMD, & Comprehensive Oral Care" and is a long-time member of its Scientific Investigation Committee. He is a reviewer for TMD article submissions for the Journal of Prosthetic Dentistry.

He has presented at national meetings for the Academy of General Dentistry, the American Dental Association, the American Academy of Craniofacial Pain, and the American Academy of Pain Management.

His articles have been published in Dentistry Today, Dental Economics, and the American Equilibration Society's Contact.

While maintaining a private, general practice in Decatur, Illinois, his team treats simple and complex restorative dentistry and conservative TMD treatment to alleviate headaches and pain.

- Explore the diagnostic benefit of palpation of the muscles of mastication.
- Recognize the role of occlusomuscle disorders in TMD.
- Illuminate the dentist's role in successful rehabilitation of the temporomandibular joint.
- Recognize when occlusal treatment will work predictably.
- Identify how precision occlusal appliances make restorative dentistry easier.
- Explore the use of TMJ imaging, panoramic, CT, CBCT, and MRI.
- Review how to use emergency appliances to eliminate acute occlusomuscle pain.
- Discover how to eliminate the need for excessive adjustment of crowns at delivery.

### The participation portion will include:

Muscle palpation, temporomandibular joint palpation and auscultation.

Bite recordings using intraoral scanners and analogue.

Bimanual guidance training.

Delivery of emergency appliances to relieve occlusal pain.

Subjects would include muscle palpation, TM joint palpation/auscultation, occlusion and technology including CBCT, intraoral scanning and 3D printing.