

The Virginia Voice



VAGD

Fall 2012

Highlights In This Issue:

Reports

President's Message.....1
AGD Updates.....8

Continuing Education

24th Annual Colonial
Conference.....4-5

Network Corner.....2-3

FAGD/MAGD Awardees.....2

Ballroom Dancing – Making
Dentistry Even Better.....6

Academy of General Dentistry Mission Statement

To serve the needs and to represent the interests of general dentists and to foster their continued proficiency through quality continuing dental education in order to better serve the public.



VAGD Announces New FellowTrack Program!

By Pamela K. Stover-Mejias, DDS, VAGD President



It has been an honor to serve a second term as President of the Virginia Academy of General Dentistry. We have some wonderful, exciting things planned for the future of the VAGD!

In response to concerns of stagnate to declining numbers of AGD members nationally, as well as the future of the MasterTrack program, the Board of VAGD chose to look at an innovative solution. A Taskforce was appointed and an outline was formulated of what a VAGD continuing education (CE) based membership campaign might look like. It incorporates the key mission idea of the Association - to provide high quality CE for our members. We plan to build full dues membership numbers in the coming year by the development of a very low cost FellowTrack program starting in 2013 and a successful MasterTrack program to begin soon after.

On May 1, 2012, the VAGD board members adopted a resolution brought forward by the members of the CE/Membership Improvement Taskforce to implement a new CE based membership growth plan, which is based on the formulation of a VAGD FellowTrack and MasterTrack Program. I would like to thank the following members of the Taskforce for all of their hard work on this new venture for VAGD: Drs. Ted Sherwin (chair), Danielle Ryan, Greg Bowles, Hisham Barakat, Jennifer Bobbio, Michael Gorman, Sarah Kandrac, Theresa Shannon, and Ms. Victoria Fahrenkrog.

As we move forward in this venture, the VAGD has hired an additional part-time Sales and Marketing Coordinator to assist our Executive Secretary.

Article Continued on Page 3

NETWORK CORNER

Catching up on All Things VAGD

Virginia AGD would like to welcome the following **New Members** who joined between April & July 2012. We look forward to meeting you at a future VAGD Event!

Ezzat Abdoun, DDS – Haymarket
Anwar Abdul-Nabi, DMD – Richmond
Reem Akel – Richmond
Jill Beitz – Richmond
Brittany Blalock Casteen – Richmond
Alison Brienza – Richmond
Shannon Butler, DDS – Culpeper
James Bronson, DMD – Arlington
Sheila Daniels – Richmond
Jeena Devasia – McLean
Jerad Divine, DDS – Virginia Beach
Rachel Eannes – Richmond
Danielle Easterly – Richmond
Noura Fadel, DDS – Hampton
Olivia Gannon, DMD – Lynchburg
Andrew Gibson – Mechanicsville
Julie Hawley – Richmond
Rachel Kaplan – Richmond
Alexa Karatsikis – Richmond
Komal Karmacharya – Chantilly
Sukhpreet Kaur – Richmond
Yasser Khedr, DDS – Haymarket
Kandia Klepper – Richmond
Amanda Koeppe – Richmond
Jason Lipscomb, DDS – Fredericksburg
Long Nguyen, DDS – Gainesville
Tiffany Nightengale, DMD – Dinwiddie
Reba Oley – Richmond
David Roberts, Jr., DDS – Richmond
Mohammad Safar – Richmond
Zohra Saleh – Richmond
Erin Sharkey – Richmond
Alexandra Starns – Richmond
Thoai-Lan Tran, DDS – Richmond
My Trinh – Richmond
Huixin Wang – Richmond
John White – Richmond
Qing Xu – Falls Church

Congratulations 2012 Fellows and Masters!

On behalf of the Virginia AGD we would like to recognize the 2012 FAGD Recipients:

Mohamed Attia, DDS, FAGD – Norfolk
Lawrence Ayers, III, DDS, FAGD – Gainesville
Peter Cocolis, Jr., DMD, FAGD – Springfield
Wael Elost, DDS, FAGD – Virginia Beach
Robert Java, DDS, FAGD – Woodbridge
Michael Kostrov, DMD, FAGD – Vienna
Zeyad Mady, DDS, FAGD – Alexandria
Michael Morgan, DDS, FAGD – Virginia Beach
Justin Neibauer, DDS, FAGD – Fredericksburg
Howard Ngo, DDS, FAGD – Fairfax
Saumitra Saravana, DMD, FAGD – Fredericksburg
Tuan Vu, DDS, FAGD – Vienna

We would also like to recognize the Following 2012 MAGD Recipients:

Cheryl Billingsley, DDS, MAGD – Richmond
Henry Herrmann, DMD, MAGD – Falls Church
Ralph Howell, Jr., DDS, MAGD – Suffolk
Perry Jones, DDS, MAGD – Richmond
Treacy Jones, DDS, MAGD – Verona
Erik Roper, DDS, MAGD – Mechanicsville

**Special Congratulations to
Donald Rellins, Jr., DDS,
MAGD for achieving the
AGD Lifelong Learning and
Service Recognition (LLSR)**

NETWORK CORNER

Catching up on All Things VAGD

VAGD Announces New FellowTrack Program, Continued

*By: Pamela K. Stover-Mejias, DDS,
VAGD President*

Ms. Beth Dittmar began working with us at the end of August and will be focusing on attaining sponsorship in order for us to provide our members with top quality continuing education courses for a low cost. She will also be creating an annual/semi-annual VAGD CE Directory to keep our members informed of all of our upcoming courses. I would like to thank all my fellow VAGD officers for all of their hard work this past year. Dr. Danielle Ryan, our current President-Elect is a strong leader who will serve the organization very well as President this upcoming year.

I hope to see each of you at the VAGD Colonial Conference November 2nd and 3rd in Richmond. We invite you to attend our annual social immediately following our Friday CE course. This is a great opportunity to socialize with our wonderful members and celebrate the launch of our upcoming FellowTrack and MasterTrack programs!

Please let us know if you have any interest in involvement with the VAGD Board or if there is anything that we do not currently offer to our members that you would like to see in the future. We would love to hear from you!



Dr. Cheryl Billingsley, Dr. Stuart Broth and GeorgeAnn Broth and Dr. Mike Gorman catch up during the AGD Annual Meeting.

What You May Have Missed

June was a busy month for the VAGD! We not only hosted a members breakfast in Williamsburg, VA, but we also sent seven Delegates and two Alternate Delegates to the AGD Annual Meeting in Philadelphia. The breakfast provided a great opportunity to catch up with colleagues and meet fellow VAGD members. The Annual Meeting was enjoyed by all who attended. We would like to thank those who made the effort to represent Virginia AGD.

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on Facebook!*

*Go to: [www.facebook.com/
VirginiaAGD](http://www.facebook.com/VirginiaAGD)
& "Like" Us!*

24th Annual Colonial Conference

**GERARD CHICHE,
DDS**

**November 2, 2012
The Jefferson Hotel
Colonial Conference – Course 1**

**Recipes for Predictable Anterior Esthetics
8:30 AM – 5:00 PM – 7 CE Hrs.**



This presentation will discuss key areas for efficient esthetic diagnosis and smile design. These are designed to achieve predictable esthetic results with optimum occlusion & laboratory support. This presentation will also offer an outline of all necessary prosthetic and adhesive techniques for tooth preparations, bonding sequence, and cementation for all-ceramic crowns and porcelain veneers.

Course Objectives:

- Learn the key factors for treatment planning of anterior restorations.
- Evaluate the key factors critical to a positive esthetic outcome.
- Establish a prognosis for esthetic success.
- Shade taking in three simple steps.
- Identify the typical shading effects for the young tooth.
- Plan the arrangement & prescribe imperfections for life-like restorations.
- Discuss essential strategies for communication with the laboratory.
- Establish selection criteria between ceramic systems based on esthetic performance.
- Systematize all-ceramic crown systems for cement selection.
- Establish simple precautions to maximize the prognosis of all-ceramic crowns.
- Demonstrate a predictable all-porcelain crown cementation technique.
- Discuss preparation variations for porcelain veneers & three-quarter crowns.
- Discuss cement selection & bonding for porcelain veneers.
- Set Strategies for presenting & managing elective restorative treatment.
- Discuss esthetic-restorative & periodontal restorative complications.

**HISHAM NASR,
DDS, MScD, PhDc**

**November 3, 2012
The Jefferson Hotel
Colonial Conference – Course 2**

**Soft & Hard Tissue Considerations for
Anterior Teeth and Implants
8:30 AM – 5:00 PM – 7 CE Hrs.**

Course Objectives:

- Understanding the principles of esthetic crown lengthening.
- Learning soft tissue grafting techniques using the patient's own tissues.
- Providing different root coverage options using alternative donor tissues.
- Implementing guided tissue regeneration/stimulation in the grafting process.
- Improving esthetic tissue emergence outcomes with immediate and delayed implants.
- Utilizing newer approaches to anterior and posterior implant site preparation, and much more!



Dr. Nasr maintains a full time specialty private practice limited to Implants, Esthetics & Regenerative Periodontics in New Orleans and Old Metairie, Louisiana.

He graduated from dental school top of his class in 1983 and has conducted his Masters degree thesis on dental implants in 1988 while specializing in Oral Surgery. He further completed his PhD level research on dental implants with a second specialty in Periodontics in 1994 at Louisiana State University where he continues as Gratis Faculty in the departments of Periodontics, Prosthodontics & Comprehensive Dentistry.

Dr. Nasr has conducted the esthetic surgical procedures in Dr. Gerard Chiche's book Smile Design by Quintessence Publishing & has several dental journal publications including the Journal of Oral & Maxillofacial Implants, Journal of Periodontology, Atlas of Oral & Maxillofacial Surgery, Journal of dental research & Journal of Oral Implantology & Periodontology 2000 among several others. While his time is devoted to private practice, Dr. Nasr has also been a main speaker on Esthetics & Implant Surgery at both national & international meetings including the American Academy of Periodontology, the American Association of Oral & Maxillofacial Surgeons' Annual Meeting as well as the European Academy of

24th Annual Colonial Conference

Dr. Gerard Chiche course Topics to be Covered Include:

ESTHETIC DIAGNOSIS & TREATMENT PLANNING

- 1) Key Factors for Treatment Planning of Anterior Restorations: A Methodical Treatment Sequence Applicable to Major & Minor Anterior Restorations.
- 2) Step-by-Step Esthetic Analysis for maximum predictability. How to Identify & manage Occlusal red flag.
- 3) Effective Rules of Comprehensive smile design with complex cases. Preview Strategies for managing Elective & Comprehensive Treatment.

ESTHETIC QUALITY CONTROL: KEYS to SUCCESS

- 1) Porcelain Veneers: System Selection, Tips on Optimum Preparation, Step-by Step Bonding Technique and systematic Cement Selection.
- 2) Establishing a Comfort Zone with the different systems of All-Ceramic Crowns & Fixed Partial Dentures. Selection Criteria, Cement Selection, Step-by Step Bonding.
- 3) Communication with the Dental Laboratory, Shading Strategy, Provisionals Strategy.
- 4) Soft Tissue design & Management.

Registration Fees:

	AGD Member	After 10/2/12	Non-AGD Member	After 10/2/12	Staff/ Resident	Student
Course 1	\$219	\$269	\$269	\$319	\$99/\$129	\$49
Course 2	\$219	\$269	\$269	\$319	\$99/ 129	\$49
Course 1 & 2	\$369	\$419	\$419	\$469	\$149/\$169	\$79
Course 3	\$350	\$400	\$375	\$425		

Registration Form

Course 1 – Dr. Gerard Chiche, DDS, 11/2/12

Course 2 – Dr. Hisham Nasr, DDS, 11/3/12

Course 3 – ACLS Re-Certification, 11/3/12

A Special Room Rate of \$160.00 is available to those who make their reservations by October 2, 2012. For Hotel Reservations Call: 804-788-8000

Valet Parking \$16/Self Parking \$12per night

Name _____

Additional Staff _____

Tel # _____ AGD # _____

Address _____

City _____ State _____ Zip _____

Email _____

\$ Amount Enclosed _____

Return with check payable to: VAGD, c/o Victoria Fahrenkrog, 989 Laurel Glen, Charlottesville, VA 22903, or Charge to VISA MCard AMEX

_____ Exp _____ Sec Code _____

ACLS Re-Certification Course 3

Saturday November 3, 2012

9:00AM-1:00PM

(Required by the Board of Dentistry if you practice Sedation Dentistry!)

The Virginia Academy of General Dentistry, Program Provider #219330, is designated as an Approved PACE Program Provider by the Academy of General Dentistry. The formal continuing education programs of this program provider are accepted by AGD for Fellowship, Mastership and membership maintenance credit. Approval does not imply acceptance by a state or provincial board of dentistry. The current term of approval extends from 6/01/08 to 5/31/12.

Ballroom Dancing – Making Dentistry Even Better

John W. Drumm, DMD



Yes, you read that correctly – Ballroom Dancing and Dentistry. If you read or remember my article on the Beatles and dentistry, you may be wondering, why is an old rock-n-roller talking about ballroom dancing? Foxtrot, Waltz, Tango – they are not exactly cool rock dances. Although, East Coast Swing and Cha-Cha-Cha are steps used to dance to many rock-n-roll songs (almost every Four Seasons’ song is a Cha-Cha-Cha). But how in the world is this connected to dentistry?

Well, it begins with our ballroom dance instructor Craig. For the past five years, my wife and I have been taking lessons one hour every week. We learn the basic steps for Foxtrot, Waltz, Tango, Rhumba, Cha-Cha-Cha, East and West Coast Swing, and the Hustle. It is fun and frustrating. How can two intelligent and fairly coordinated people not remember basic steps from one week to another? And that’s where Craig comes in. He is the most patient teacher and mentor ever! He watches us constantly forget how and when to move. I never seem to remember even the simplest moves: Cuddle Up, Twinkle, Promenade and the Cross Body Lead. Craig shows us again and again how to do it properly. When he corrects us, he uses the phrase, “*This will make it even better!*” Instead of criticism, he always uses positive reinforcement. The encouragement does make it *even better*, not always perfect, but always better and always striving for excellence.

By now you’re saying, OK John this is a cute story, but where is the dentistry part? Well the dentistry part is connected to striving for excellence. Making your dentistry *even better!*

In dentistry I’m always aspiring for excellence. What can I do to make that impression *even better*, that crown preparation and margin *even better*, that resin restoration *even better*? We now have a digital impression system (iTero) and my impressions are *even better*. I use Gluma for two one minute applications before placing my bonding agents and my resin restorations are *even better* with no postoperative sensitivity. I’m continuously reading, studying and talking dentistry to my friends and colleagues especially at our AGD District of Columbia monthly CE dinner meetings. The knowledge I receive and give makes dentistry *even better!*

I believe that most knowledge is not created but merely passed on. Knowledge is not owned. It should not be hidden or selfishly possessed. It needs to be passed on so that dentistry can advance, grow and therefore provide the finest care for our patients. Knowledge definitely makes dentistry *even better*.

Therefore, my advice as your Region 5 Director is to share all of your dental knowledge. Share with your colleagues, share with your staff, and most importantly, share with your patients. By sharing, you will make dentistry *Even Better*.

Study Club Interest?

Would you be interested in helping to form or attend a VAGD Study Club?

If so, please contact Victoria at
Virginiaagd@gmail.com.

Be sure to let us know what area you live in and your desired level of participation.

Thanks so much!