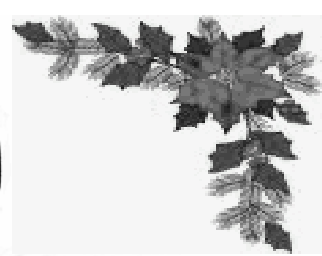


Contact Point



Volume 31, No. 3

Utah Academy of General Dentistry

December 2007

"In Pursuit of Excellence Through Continuing Education"

President's Message

This is a wonderful time of year with Christmas to look forward to. I still remember being a small child and getting so excited about the upcoming holidays. At this time in our lives the excitement is a little different and we are so blessed to be in our profession and able to provide for our patients.

In September we had an excellent continuing education course taught by Dr. Marty Zase on esthetic dentistry. I hope everyone found it was worth their time and money. These classes are so beneficial for us to become better dentists. It's nice to rub shoulders with one another and to talk to each other about new things happening in our offices. Most importantly, are the benefits our patients receive from our continuing education. I would encourage everyone to come and enjoy a great day with the UAGD.

We are very fortunate here in Utah to have so many qualified dentists and great educators in our state to choose from. I joined the AGD because it helped me focus on bettering my education in dentistry and protect the general dentist's turf. Recently, I've read so many negative things about general dentists and specialists. In my opinion, it's no one's fault but our own if we are not quarter-backing every case. A specialist should not need to guess what type of treatment we want to offer the patient. The best guide is open communication between us all.

Remember when you were accepted to dental school how excited you were? Have you lost that enthusiasm? I promise if you'll join us for continuing education, that excitement will come back. For the new dentists, you need this continuing education to expand your horizons and capabilities to better serve your patients.

We have a great hands-on course that is taught twice a year in March and November. This is the course that used to be for the *continued on page 2*



Past president Dr. David Powell extends the office of president to Dr. Reudi Tillmann in the September UAGD business meeting.

Examine These

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Dr. Lynn Walker and wife Sharlynn accept the Dentist of the Year from President David Powell.

Continuing Education Calendar

The UAGD Board continually strives to furnish the best possible CE courses at a reasonable price. There are at least four traditional CE courses offered per year. Two day hands on courses are given on the second or third weekend in March and the first or second weekend of November and follow the rotating schedule shown below. Attendees are often working on Mastership requirements that demand certain hours in each of several areas, but anyone is welcome to attend. Space is limited so register early. Lecture CE courses are usually offered in May and in conjunction with the UAGD Business Meeting in September. Suggestions for future course topics or speakers are welcome.

CE courses have also been offered at other UAGD sponsored activities such as the golf outing, cruise or special events.

2008

March 7-8	Esthetics hands on
May 30	TMD, Sleep Disorders-Jamison Spencer @Joseph Smith Memorial Bldg in SLC (lunch included)
Jul 16-20	AGD Meeting @ Walt Disney World in Orlando, FL
September 26	Business meeting and Medical Emergencies with Stanley Malamed
November 7-8	Oral Medicine/Diagnosis, Basic Science hands on

2009

March	OSHA, Special Patient Care hands on
May	TBA
September	Business meeting
November	MPD/Occlusion hands on

2010

March	Operative hands on
May	TBA
September	Business meeting
November	Fixed Prosthodontics hands on

2011

March	Removable Prosthodontics hands on
May	TBA
September	Business meeting
November	Periodontics hands on

2012

March	Endodontics hands on
May	TBA
September	Business meeting
November	Oral Surgery hands on



CE Survey Results

At the September Business meeting, all attendees were asked to participate in a course survey to assess interest in UAGD sponsorship for future CE courses. Of the choices listed, the order of popularity went as follows: Conscious sedation tied with TMD, crown and bridge/veneers, practice management and administration, medical/dental emergencies, orthodontics and invisalign, endodontics, cosmetics tied with oral surgery, oral pathology/ special needs tied with periodontics, removable partial dentures, prosthodontics, pediatric dentistry and complete dentures. Other popular write-ins were Hufford finance (a group that presented at the National meeting and ranked highly for financial planning) and Implants. This list will be used to plan future CE courses.

The hands-on courses will continue along the same track as before so that those working toward Mastership may achieve their CE requirements in the same amount of time. Typically, a member who has earned their FAGD by being a member for five years, passing the exam and taking 500 hours of CE, can progress to the MAGD by sticking to a Mastership track. Utah has a tremendous record of establishing a track to facilitate the Master requirements. This example is being followed by many other constituencies around the nation. We are lucky to have such an active program. If interest in the hands-on courses continues to increase as it has in the last year, another Mastership track will be started to accommodate the raised attendance so that everyone interested can attend.

UDA UAGD Luncheon

As usual, the UAGD will sponsor a lunch during the UDA convention in February. Come over to the Joseph Smith Memorial Building between classes; Friday, February 15, at 12 pm to eat and greet .

This year, we have invited an attorney to come and speak to us during the luncheon on the subject of unemployment law. He will address at-will employment and the law as it applies to letting staff go and bringing them onto your team.

Please consider bringing a non-AGD dentist to the meeting to enjoy the comradere and gain an introduction to the UAGD and the terrific association that we have. Cost for AGD dentists is just \$20 which may be dropped off at the AGD booth at the UDA convention or mailed to Dr. David Powell 7478 So. Campus View Dr. Suite 202 West Jordan, Ut 84084. (801)280-6911.

. Cost for non-AGD dentists with an AGD escort is free with your RSVP to the UAGD president.

A small token gift will be given to participants. Please come out and enjoy the hour between classes with your colleagues who share a dedication to education and excellence.

President's message continued--

mastership program, however, it is now open to everyone. We also have two lecture courses that are taught during the year to bring a great speaker to Utah so we don't have to forfeit a day out of the office. We as board members are always open for suggestions and new topics for speakers.

I hope to see everyone at the AGD luncheon during the UDA meeting in February of 2008. Come join us and we'll have another great year!

Sincerely,

Ruedi Tillmann, D.D.S.

President UAGD

AGD in Orlando

Whether it's a white-knuckled thrill ride, an exhilarating skydive, a soothing massage, an exciting round of golf, a mega shopping junket, or a moving theatre performance, Orlando and the surrounding Central Florida region is a perennial favorite destination among vacationers from around the globe who are seeking unique activities. Here are just 10 of the many experiences not to be missed while making memories in Orlando.

1. Experience the High Quality Education Offerings at AGD2008Orlando! Join your colleagues for **AGD2008Orlando** at the Walt Disney World® Dolphin Hotel in Orlando, Fla., July 16 to July 20, 2008. **AGD2008Orlando** offers the most up-to-date and practical continuing dental education available anywhere. You will learn tips and techniques that can be applied as soon as you return to the office. And don't forget that **AGD2008Orlando** offers a variety of educational opportunities for your staff! As always, more than half of the scientific sessions you'll find at **AGD2008Orlando** are free with your meeting registration—and you have more than 30 hands-on courses from which to choose! With this kind of selection, you're certain to find new solutions, gain more knowledge, and learn essential tips and techniques that you can implement as soon as you return to your practice.

2. Be a Kid Again in Orlando. It's time to get away from the hustle and bustle of everyday life and relive the days when the thrill of a roller coaster made your heart skip a beat or the glimpse of a princess created dreams of happily ever after. It's simply time to be a kid again and experience what family togetherness is all about during a family vacation to Orlando. With 99 attractions, it would take 67 eight-hour days to visit them all.

3. Grab the Family or Dental Team for a Great Getaway. With more than 52 million square feet of retail space, including upscale malls, unique specialty shops and a variety of outlet stores, anyone can satisfy the mind, body, and spirit during an escape to Orlando. To add the perfect end to the perfect escape, downtown Orlando transforms into a trendy nightlife destination with nightclubs, restaurants, live theater, and galleries sure to take your mind off work—at least for a night!

4. The Grass Couldn't Be Greener Anywhere Else. With 176 challenging golf courses visitors find holes that have been touched by golf legends. The game's greatest players, including Arnold Palmer, Jack Nicklaus, Greg Norman, and Tom Watson have played a part in building world-class layouts in Orlando.

5. Take a Walk on the Culinary and Cultural Side. For friends looking to explore culinary works of art or art itself, Orlando is the perfect destination to heighten the senses. Visitors looking to taste Orlando's culinary offerings can choose from more than 5,300 restaurants, 20 of which can be found along Sand Lake Road's Restaurant Row.

From barbecue pits and pizza parlors to tapas restaurants and taco spots, there are more than 500 family restaurants to make even kids happy! The downtown area also offers unique dining experiences closely nestled among trendy nightlife, theaters, and galleries.

6. Get Back in Touch with the Great Outdoors. Few destinations in the world come close to rivaling Orlando's incredible year-round outdoor activities and pastimes. With more than 2,000 lakes, springs, and rivers for swimming, boating, water-skiing, and fishing; 176 golf courses; 800 tennis courts and 21 fitness trails for biking, walking, visitors take great delight in the area's multitude of recreational options. Up-close-and-personal encounters with a bounty of original Florida inhabitants like alligators, manatees, osprey, deer and eagles give Central

Florida a diverse menu of outdoor choices that keep visitors coming back for more.

7. Expect the Unexpected in Orlando. A multitude of star-studded performing arts, world-renowned art exhibits, and moving cultural celebrations have put Orlando in the international limelight. And for good reason—the area boasts many claims to fame. Performing arts standouts include the Orlando Ballet, Orlando Opera, Orlando Philharmonic, Mad Cow Theatre, and the Orlando Shakespeare Theater. And the area's newest art venue, CityArts Factory, strives to bring different forms of the arts together. With on-site galleries, a performing arts theater, and interactive studios, guests can immerse themselves in the arts and make their own artistic creations and memories to bring home as personalized souvenirs!

8. Indulge Yourself in Relaxation. Orlando's spectacular day and resort-style spas are truly in a class of their own when it comes to soothing indulgences. Whether it's for a couple of hours or a full day's treatment, guests of all ages can relax at any of the area's pampering paradises.

9. Experience Walt Disney World® Attractions. Walt Disney World Resort is unrivaled as the world's biggest amusement resort, covering an area twice the size of New York's Manhattan! Walt Disney World Resort is truly a self-contained city. Apart from the four main parks (Magic Kingdom®, Epcot®, Disney-MGM Studios, and Animal Kingdom®), there are two water parks, a shopping district, countless eateries, medical centers, and kennels for the family pets. The Walt Disney World Dolphin Resort boasts fine dining, shopping, and poolside fun!

10. Join in Year-round Celebrations. Orlando's spectacular lineup of special events and festivals offers guests the chance to get more bang for their buck while visiting Orlando. From pro sports and performing arts to home décor and biker mania, the area offers more than 450 annual events to add to one's vacation itinerary. Festival and show standouts such as the Winter Park Sidewalk Art Festival, Florida Film Festival, Zora Neale Hurston Festival of the Arts and Humanities, Orlando International Fringe Festival, the nearby Mount Dora Art Festival, the Epcot International Flower and Garden Festival each spring, and the Epcot International Food and Wine Festival each fall, Universal Studios® Florida's Mardi Gras, and SeaWorld Orlando's Viva La Música are internationally known and attract hundreds of thousands of visitors each year. Many of the events feature hands-on, interactive children's areas to make it extra special for the entire family. Better yet, a number of the events are free!

Save the Date.
July 16-20, 2008

Academy of General Dentistry

AGD 2008
Orlando
Annual Meeting & Exhibits

www.agd2008orlando.org

Online CE Not Accepted After January

In an effort to provide you with greater service, the Academy of General Dentistry (AGD) has spent the last several years developing a state board compliant transcript that you can submit to your licensing board for relicensure. The new AGD Licensing Transcript has been approved in all states, with the exception of Maryland, Minnesota, and New York (negotiations continue with each of these state dental boards). In Canada, five out of 13 provinces also accept the AGD Licensing Transcript.

In order for many state and provincial boards to fully accept the AGD Licensing Transcript as proof of course attendance, the AGD must maintain actual documentation. Self-reported continuing education (CE) is not considered verified and therefore is not eligible for acceptance by many licensing boards. Many state boards' rules prevent them from accepting online CE submissions as sufficient proof of attendance because there is no documentation to back up the submission. Based on this information, the AGD will discontinue online submission of CE, effective Jan. 1, 2008.

While this change will eliminate online CE submissions, you still will be able to view your transcript and make some online corrections and edits at www.agd.org. You also can send copies of your CE via e-mail, fax to our dedicated fax line, or mail to:

Academy of General Dentistry
211 E. Chicago Ave.
Suite 900
Chicago, IL 60611
Fax: 312.335.3432
E-mail: membership@agd.org

In 2005, the AGD mandated that all Program Approval for Continuing Education (PACE) providers submit CE information on behalf of members who attend their courses. You can ensure that the courses you take with PACE providers are submitted on your behalf. If your credits do not appear on your transcript within six weeks, notify the provider directly or contact the AGD and we will contact the provider on your behalf.

Thank you for your continued support of the AGD. If the AGD can be of further assistance, please contact the AGD Membership Services Center at 888.243.3368, ext. 5300, or visit the education section of the AGD Web site.



Dr. Reed Dana, of Dana Orthodontics discusses tooth movement with November course participants.

Ortho Hands-On Course Notes

In November, the hands-on course was held at Dana Orthodontics in Sandy. Reed Dana presented a two day course emphasizing interceptive treatment. Participants were taught conservative approaches utilizing arch expansion and the systematic use of a few appliances to treat most orthodontic needs. Dr. Dana stressed overcoming myofunctional habits such as tongue thrust and digit habits to obtain a stable outcome. Airway evaluation and obstruction are important considerations in the orthodontic patient as well as TMJ evaluation and treating the case to improve the joint health.

Dealing with many problems such as Class II and Class III cases will resolve more easily when started with the younger patient. Familiar bicuspid extractions can often be avoided by expanding an arch early. This "unlocks" the mandible and allows it to follow the growth of the maxilla and alleviates airway obstruction. Using removable appliances, Dr. Dana treats many of these complex cases in a predictable manner. He offered tips and guidelines for when to start, sequencing and evaluating success.

Treatment of Class III patients starts early to maximize the growth of the maxilla in concert with mandibular excess and strategies were given. Also, difficult high angle cases were discussed and cautions extended.

Patients with a tongue thrust will purse their lips (activating the buccinator) when swallowing--a tell tale sign of the tongue thrust that any dentist can observe easily. One simple technique to helping patients learn correct swallowing patterns is to place the tongue on the roof of the mouth towards the back and swallow. This exercise should be repeated dozens of times each hour through the day.

Also, an evaluation of the tonsils is important. Pharyngeal and adenoid tonsils grow throughout childhood and start to shrink at age 13 to 14. Patients with tonsils that "shake hands" should be questioned as to snoring activity, sleep restlessness, bed wetting, being cranky in the morning or when the bed looks like a wrestling match, poor attention at school and in concentrated activity, past or current earaches, sore throats, etc. The eustachian tube is often collapsed in the condition of tonsillar inflammation and leads to a lack of ear drainage which predisposes ear infection. Snoring is abnormal in children and is coupled with apneic episodes. Also, the long face, mouth breather with narrow palate and drooping eyes needs careful evaluation as do those with constantly chapped lips or overly active mucous membranes. Those patients with affirmative findings should be referred to an ENT familiar with oral and systemic complications evolving from any of these airway obstructive signs.

Dr. Dana emphasized that general dentists are the guardians of the airway in children and we must intervene and confidently dictate treatment or referral for appropriate treatment at an earlier time than many are doing. The "wait and see" attitude is not appropriate when crossbites, severe crowding, skeletal malocclusions and airway obstructions or myofunctional habits are present. The clinician should recognize and take an active role in treating these problems that do not resolve easily in the last stages of growth and development.

Other pearls of the day included photography tips, teaching staff accurate model making, staff training and many referrals to companies producing worthwhile products.



Colorado Implant Course

There will be a regional meeting on Friday April 18th on implants at Boulder/Lafayette Colorado. For most of us it will be the first time that we have heard of a regional meeting. It has been one of the best kept secrets of the AGD as it has always been a hard meeting to get the information out in a timely manner. However the Colorado AGD has planned this meeting far enough in advance so that all members can mark it down on the calendar. The C.E. Course will be held at the **PDA Lab in Lafayette**. The host hotel will be the **Renaissance Boulder Suites (1-888-825-3167 or direct 1-720-587-3250)**. To register for the course please contact Dr. Russ Possey at **1-970-224-5599**. For those flying into Denver, you will need to rent a car because the courses are in the Boulder/Lafayette area which is about 50 miles from the airport. To summarize the regional meeting:

Date: April 18th

Location: PDA lab in Lafayette

Course: Implants for general dentists

Contact: Dr. Russ Possey 1-970-224-5599

Hotel: 1-888-825-3167 or 1-720-587-3250

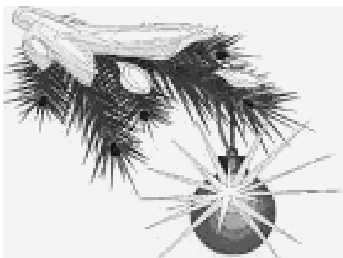
Cosmetic course Grandiose

The Cosmetic course held in September at the Grand America hotel was a great success! Thank you to everyone who came to participate. Dr. Marty Zase, past president of the American Academy of Cosmetic Dentistry presented for the day. His approach was to simplify many of the cosmetic/operative procedures that we do every day to offer more predictability in our treatment. One of the foci for the day was in distinguishing bonding procedures. He made clear that to avoid sensitivity in total etch procedures that the prep not be desiccated after the etch, but rather to "blot" dry so that the collagen matrix not collapse. This was distinguished from self-etch agents in which a hybrid bond is formed with the smear layer.

Other teachings included placement of long bevels to blend composites in esthetic zones, proper preps to retain veneers, types of porcelain and relative strengths and many materials and products to achieve tight interproximal contacts. Summary sheets with vendor contact information were given to each participant. The food was great and the location was superb! What a great course!



Dr. Marty Zase, past president of the AACD, pauses during the September Esthetics course.



AGD Fellowship Award Requirements (simplified)

1. Current AGD membership for three (3) continuous years
2. Completion of 500 hours of FAGD/MAGD-approved continuing education credit, with at least 350 hours earned in course attendance. Mastership credit begins to accrue on the date that the 500-hours requirement has been met.
3. Successful completion of the Fellowship Examination.
4. Attendance at a Convocation Ceremony, held during the AGD Annual Meeting, to receive the award

AGD Mastership Award Requirements (simplified)

600 hours of MAGD-approved continuing dental education credit, 400 of which must be in participation courses. Mastership credit begins to accrue on the date that the 500-hour Fellowship Award requirement has been met. The 600 credit hours must be earned in specific disciplines, as outlined under "Subject Category requirements."

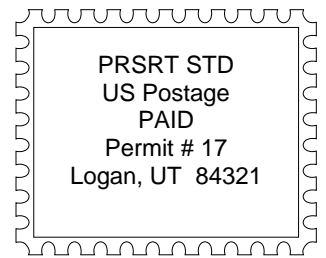
	Hands On	Total Hrs
Endodontics	30	46
Electives	30	46
MPD/Occlusion	30	46
Operative Dentistry	30	46
Oral & Maxillofacial Surgery	30	46
Orthodontics	12	12
Pediatric Dentistry	12	12
Periodontics	30	46
Practice Management	0	24
Fixed Prosthodontics	30	46
Removable Prosthodontics	30	46
Implants	30	46
Oral Med/Oral Diagnosis	12	12
Special Patient Care	12	12
Esthetics	30	46
TOTAL HOURS	360	544
TOTAL REQUIRED	400	600

Classified Ads

Please submit items for inclusion in the quarterly UAGD newsletter by the 31st of the following months: February, May, August, and November. Items may be sent to the UAGD Editor: by FAX to 435-787-8207, by mail to Paul Harris, 40 W Cache Valley Blvd, 2A, Logan, UT 84321 or E-mailed to paulnvalerie@agd.org

Cost is: AGD members - \$5 for each increment of 20 words, Non-AGD members - \$10 for each increment of 20 words, \$1 for bold or italics and \$5 for a border or word art per submission.

Utah Academy of General Dentistry
Paul Harris, DDS, Editor
40 W Cache Valley Blvd, #2A
Logan, UT 84341



CALENDAR

National Annual Meetings

July 16-20, 2008

Orlando, FL

CE

Feb 14-15	UDA convention
March 7-8	Esthetics hands-on
April 18	Colorado implant course
May 30	TMD/Sleep Disorders -Jamison Spencer
September 26	Business meeting and Stanley Malamed
November 7-8	Oral Medicine hands on

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Annual Business Meeting Report

The annual business meeting was held at the Grand America hotel on September 14th. There were many in attendance for the speaker Dr. Marty Zase, past president of the American Academy of Cosmetic Dentistry. We recognize the participation of board members and the transition of the presidency and leadership of the UAGD. Dr. Reudi Tillman of SLC was installed as the new president. Dr. Tillman has been a long time participant with the AGD and is a positive and encouraging influence for the continuing education that we experience so close to home. We extend a hearty thank you to outgoing president David Powell for his hours of work and leadership. Dr. Powell continues to serve as a board member as past president and treasurer.

The highlight was recognizing Dr. Lynn Walker of Midvale as the UAGD 2007 Dentist of the Year. Dr. Walker and his wife Sharlynn have five children. Dr. Walker enjoys camping, boating, travel and helping others. He recently received the Life Time Learning and Service Award. He is very dedicated to continued education and to giving his patients the best care.

Congratulations Dr. Walker! As usual, anyone may nominate a fellow colleague for the Dentist of the Year position at any time of the year by sending the nomination with pertinent information to a board member. Consider nominating an unsuspecting, yet deserving soul for Christmas this year!